HLT61012 ADVANCED DIPLOMA OF
NUTRITIONAL
MEDICINE

For more information:
Call 1300 887 991
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or visit www.australisnaturalhealth.edu.au

A fresh perspective in natural health.
COURSE DETAILS
The Advanced Diploma of Nutritional Medicine is suitable for anyone wanting to explore nutrition, either for their own family or as a potential career. Nutrition utilizes food as medicine and supports an individual’s health with therapeutic levels of vitamins, minerals and supplements based on scientific and clinical training expertise. You will graduate with the skills and knowledge enabling you to lead a diverse, meaningful career across the differing facets of this rapidly growing industry.

With the aim of establishing a successful clinical practice, we start students in the first semester training as observers within the industry network. The integration of multiple science disciplines, combined with practical case studies, educate you in learning how to integrate nutritional techniques to support the body systems.

YOU’LL LEARN TO*:
- Work with conditions that have been impacted by diet and lifestyle, such as
  - techniques to maintain a healthy blood sugar level,
  - Weight management (both weight loss and gain)
  - Management of allergies and supporting the immune system
- Educate patients, health professionals and the public about the benefits of natural health, nutrition and lifestyle medicine
- Provide a personalized approach to clients and medical practitioners through the thorough provision of clinical training skills giving you the confidence to practice
- Maintain and advance professional competencies through ongoing education and research

*Refer to the Australis Natural Health website for full list of units.

CAREER OPPORTUNITIES
Careers and titles vary across different industry sectors. Possible job titles relevant to this qualification include:
- Nutritionist working private practice or at a clinic dedicated to nutritional medicine
- Dietary advisor
- Natural medicine spokesperson/advisor
- Product development and natural products specialist
- Corporate wellness educator
- Sports nutrition
- Health professional, journalist, health writer, public speaker
- Teacher

ENTRY REQUIREMENTS
There are no entry requirements for this qualification.

VET FEE-HELP
Study Now and Pay Later! Ask us how we can help you start learning and earning without the stress of worrying about how you are going to pay for your education. With VET FEE-HELP you can defer payment of your course until you earn over the minimum income amount. To find out how, visit the VET FEE-HELP page on our website: www.australisnaturalhealth.edu.au

A FRESH PERSPECTIVE
At Australis Natural Health College, we offer a fresh perspective in natural health. We understand the importance of taking a balanced approach to the industry by exploring the scientific side of natural health while still respecting the origin and heritage of traditional medicine. Our unique and holistic curriculum offers our students both perspectives; examining the history and traditional methods of natural health whilst developing an understanding of the latest evidence-based scientific practices and methodologies.

With smaller capped teacher-to-student ratios, Australis Natural Health College offers a more personal learning experience that will enable you to make genuine and meaningful connections with your trainers, your peers, and the industry.

We offer blended learning, allowing you to complete the theoretical components of your course online, whilst undertaking all of your clinical subjects face-to-face. This gives you the flexibility to create a study timetable that fits in around your current commitments, whatever they are.

To provide our students with the most immersive learning experience possible, we conduct natural health learning intensives at facilities throughout the country. You will escape from the distractions of daily life and work with peers to undertake the practical learning components of your course.

Our panel of industry experts will teach you how your body works by exploring both cutting edge and traditional healing methods. Our balanced and personal approach will set you apart on your journey as a practitioner or in a research career and give you a truly fresh perspective in natural health.

GET CAREER ADVICE
Want to understand the career paths available through studying at Australis? Simply contact any one of our friendly Career Advisors and they will be more than happy to help you in relation to all of our courses.

www.australisnaturalhealth.edu.au